

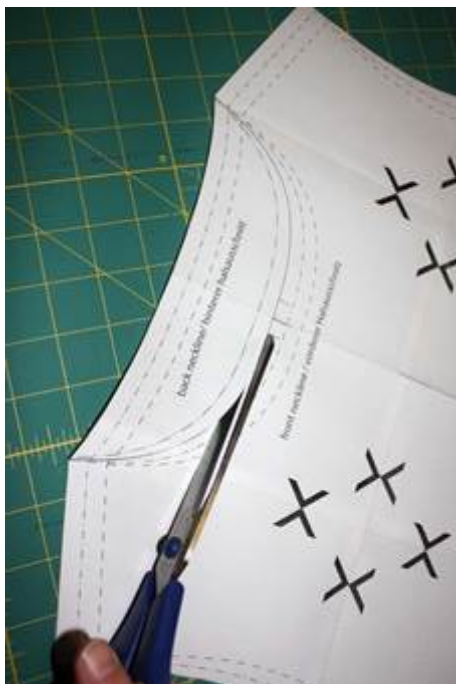
# How to sew a T-Shirt

The pattern contains just one piece for front and back. To save time I use the following method:

Cut out the pattern at the outer line (back neckline). At the front neck line mark the centre front, further draw a mark  $\frac{3}{8}$ " (1cm) left and right from it.



Carve along front neckline, end at markings. So you can fold away the piece for the back neckline to cut out front piece.



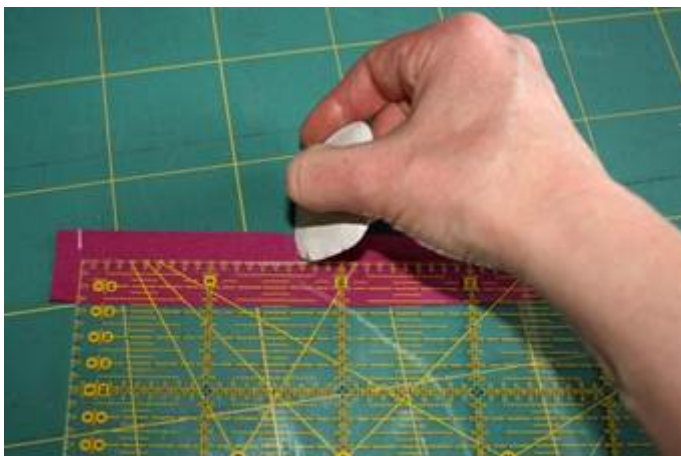
1. Place your pattern on the fabric and weight it down, my weights are big washers from the next DIY Store.  
Cut out all pieces, the front piece like explained before.  
Cutting jersey fabric I prefer to use a roller cutter.



Here you see all pieces needed to sew a T-Shirt: front, back, sleeves 2x, neckband and two small straps for strengthening the shoulder seams.



2. At the neckband mark shoulder seams, centre front and back.



Close neckband with a small straight stitch, open seam allowance and iron. Fold strap lengthwise, left sides together and iron again.



3. Shoulder seams: Pin front part to back part, left sides together. On top of the front shoulder put one of the small stripes. While sewing that stripe never stays in place, fix it with a water soluble glue stick. Then sew shoulder seam with an overlock stitch. Cut back excess fabric of stripe.



4. At the neckline mark centre front and back and pin neckband matching marks. This T-shirt has a quite narrow neckline. First baste the neckband with a long straight stitch to neckline, stretch neckline while sewing.



Then sew again with an overlock stitch or your Overlock machine.

With the Overlock machine place edge exactly under lifted presser foot and stick the needle through the fabric using your hand wheel like using a "normal" sewing machine. Then lower presser foot and sew along the neckline. End about 1" before you reach the beginning of the seam. Lift the knife and sew the rest without knife. Cut off threads.



This is how it should look like now.



5. Pin sleeves right sides together to armhole and sew. Side seam is still open.

Sleeve hem: fold in  $\frac{3}{4}$ " (2cm) and sew from right side with the twin needle. Sewing with the twin needle it is important to lower the tension of the bobbin thread and increase the tension of the upper thread. (Please read the manual of your sewing machine first, with some machines it is not possible to alter the tension of the bobbin thread). Test it on a small piece of fabric first. Stretch fabric a little bit while sewing.

Twin needle seams tend to rip up. Pull threads to left side and knot them.



6. Close side seams.

7. Turn in 1" ( 2,5cm) seam allowance at the hem and sew with the twin needle. Pull ends of threads to left side and knot.

8. At the sleeve turn down seam allowance, place threads beneath and fix the seam allowance with a some stitches from the right side.



9. At the neckline topstich with a straight stitch. Lower tension of the upper thread and use a large stitch, stretch neckline while sewing or use an elastic stitch.



Tips and tricks sewing jersey fabric:

- Cut out pieces on single layer because jersey tends to pucker.
- Use special jersey needles or ballpoint needles.
- Use a large stitch
- Before using a twin needle read the manual of your sewing machine.
- Sewing jersey fabric needs some practice.

## Size chart

US	8	10	12	14	16	18	20
	S	M	M	L	L	XL	XL
Body height					66		
Bust	31,5	32,5	34	36	38	40	42
Waist	26	27,5	29	31	32	34	35,5
Hip	37	38	39	40,5	42	43	45
all measurements in inch							

EUR	34	36	38	40	42	44	46
	S	M	M	L	L	XL	XL
Body height					168		
Bust	80	84	88	92	96	100	104
Waist	66	70	74	78	82	86	90
Hip	94	97	100	103	106	109	114
all measurements in cm							

## #0514 Roti's Shirt S - XL

Recommended fabric: Cotton Jersey with elastane/spandex

Fabric needed: 1,1yd with a width of 57"

100cm with a width of 145cm

Pieces:

#1 back: cut 1

#1 front: cut 1

#2 sleeve: cut 2

#3 neckband: cut 1

3/8" seam allowance included

sleeve hem: 3/4" seam allowance

hem: 1" seam allowance

1cm seam allowance included

sleeve hem: 2cm allowance

hem: 2,5cm seam allowance

## #0514 Roti's Shirt S - XL

Empfohlener Stoff: BW-Jersey mit Elasthananteil

Stoffverbrauch: 80cm bei 145cm Breite

Teile:

#1 Rückenteil 1x

#1 Vorderteil 1x

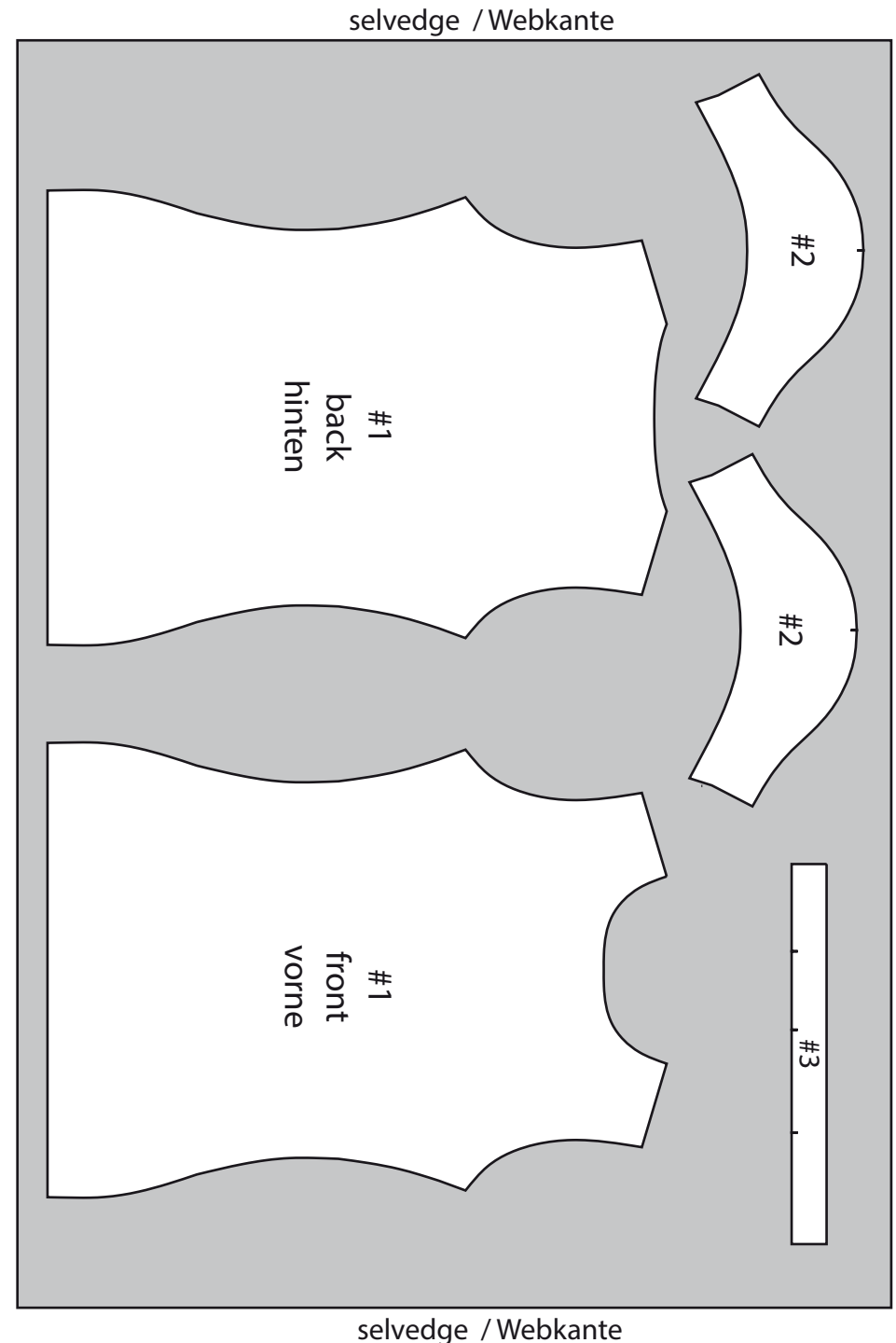
#2 Ärmel 2x

#3 Halsbündchen 1x

1cm Nahtzugabe inkludiert

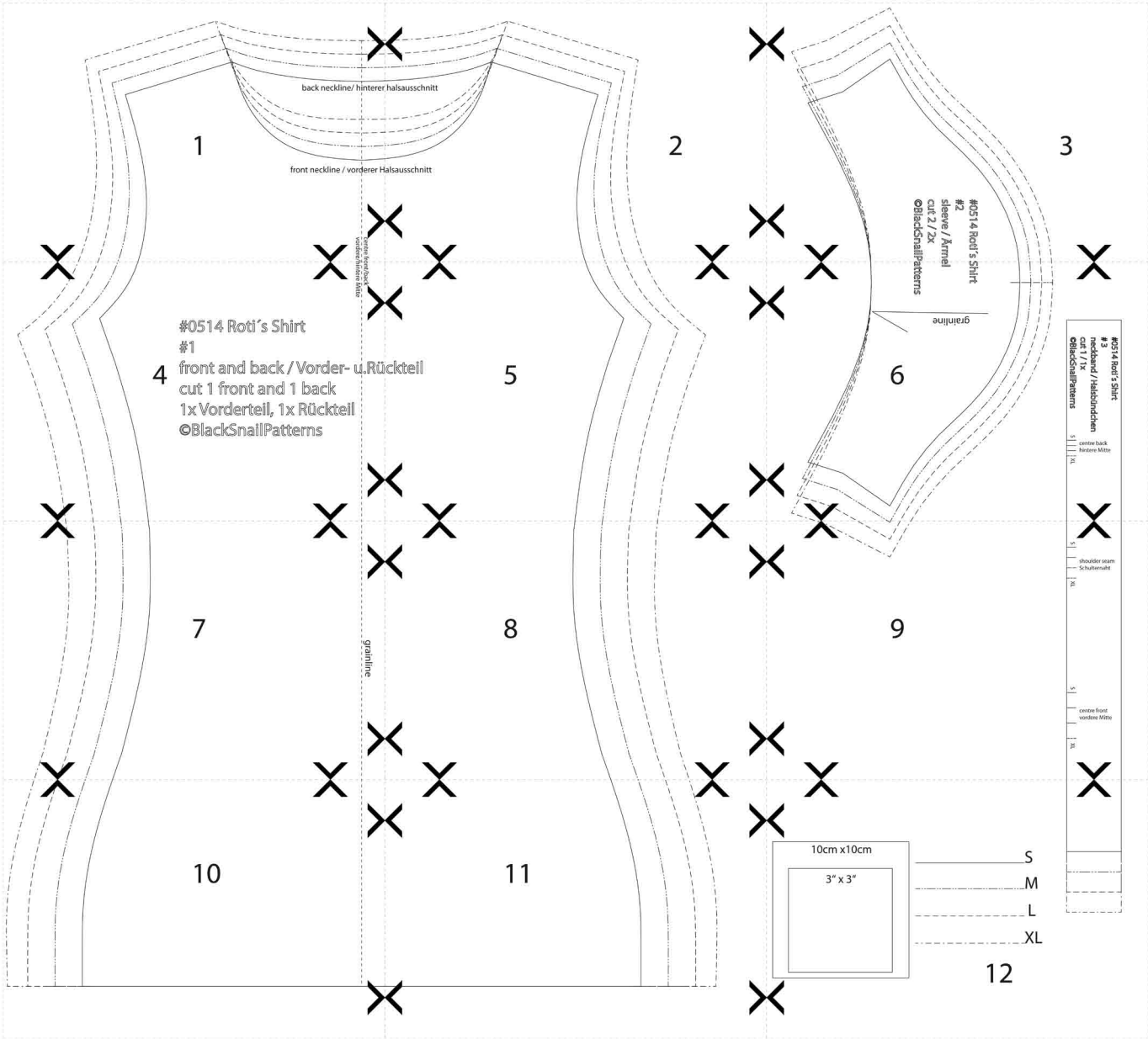
Ärmelsaum: 2cm incl.

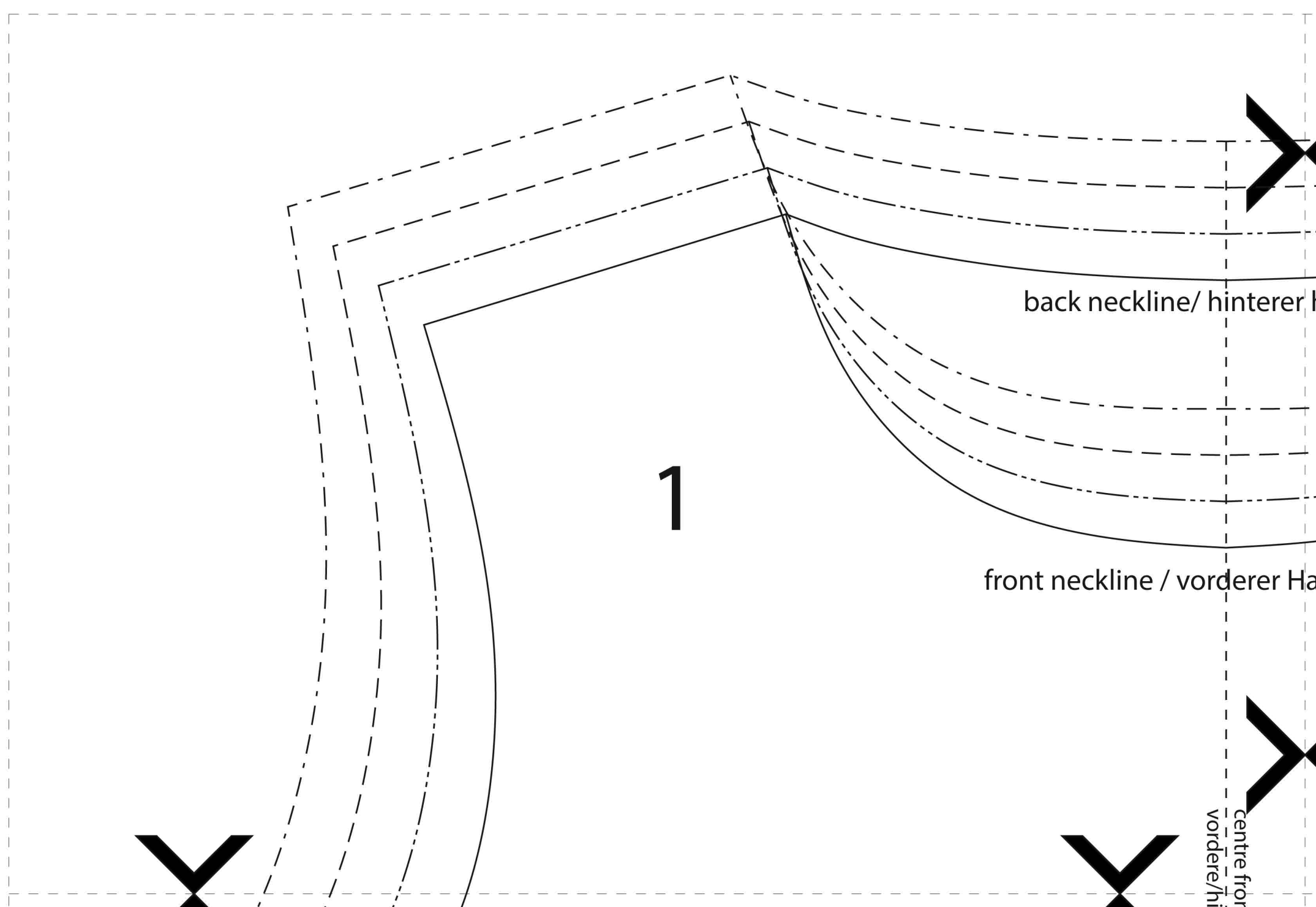
Saum: 2,5cm incl.





# Diagram Übersicht





1

back neckline/ hinterer Hals

front neckline / vorderer Hals

centre front  
vordere/hinterer Hals



er halsausschnitt

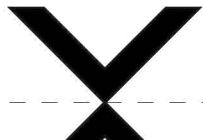
The image shows a technical drawing of a collar pattern. It features a grid of dashed lines. A solid line represents the main collar shape, with several dashed lines indicating different layers or adjustments. A large number '2' is positioned to the right of the main shape. The drawing is framed by a dashed border with 'X' markers at the corners. A vertical dashed line on the left side serves as a reference line.

Halsausschnitt

2

3

#0514 Roti's SI  
#2  
sleeve / Ärmel  
cut 2 / 2x  
©BlackSnailPat



front/back  
e/hintere  
Mitte

# #0514 Roti's Shirt

#1

4

front and back / Vorder- u. Rückteil

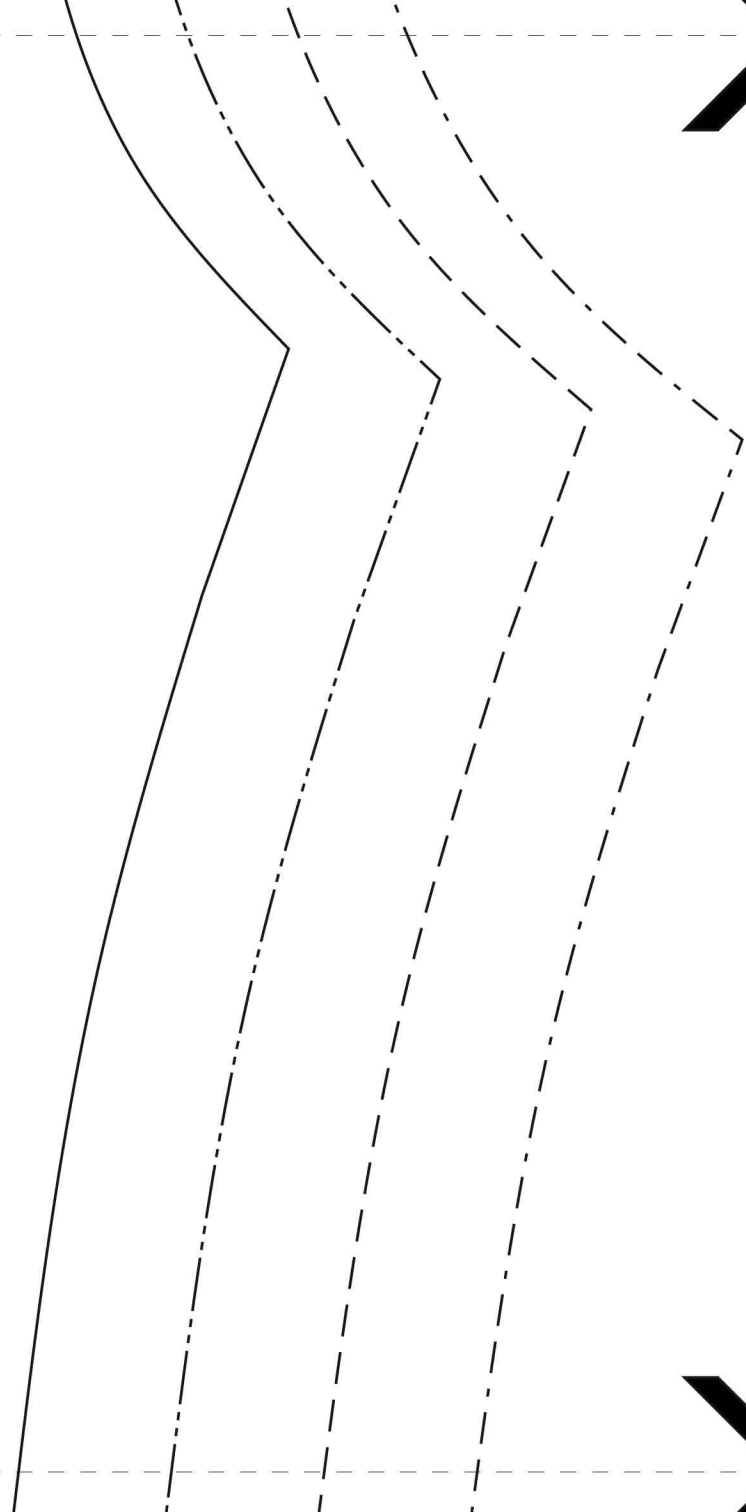
cut 1 front and 1 back

1x Vorderteil, 1x Rückteil

©BlackSnailPatterns

ückteil

5



**#0514 Roti's Shirt**

**# 3**

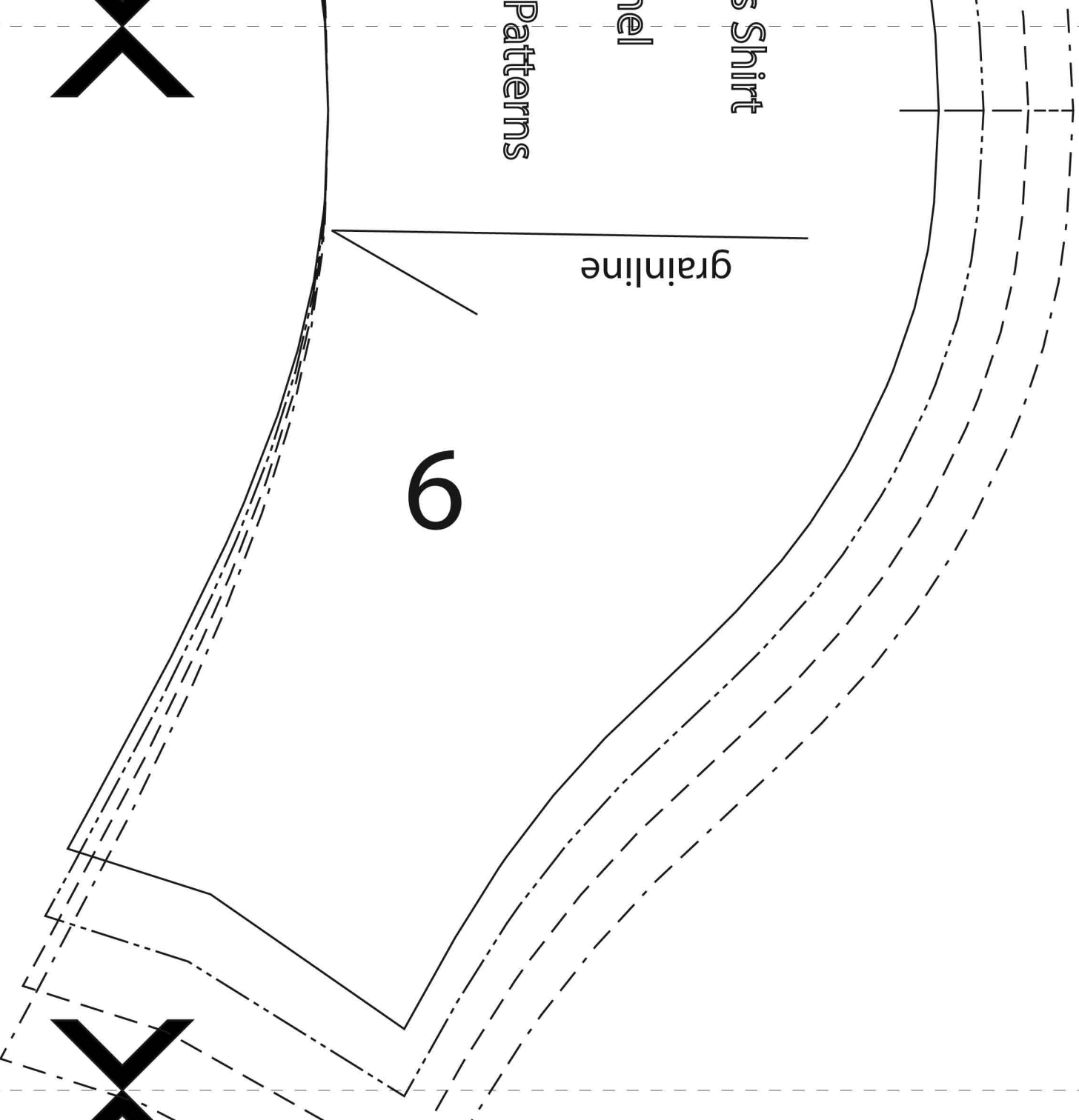
**neckband / Halsbündchen**

**cut 1 / 1x**

**BlackSnailPatterns**

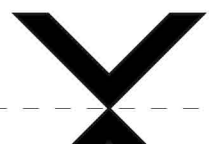
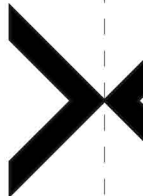
centre back  
hintere Mitte

S | | | XL

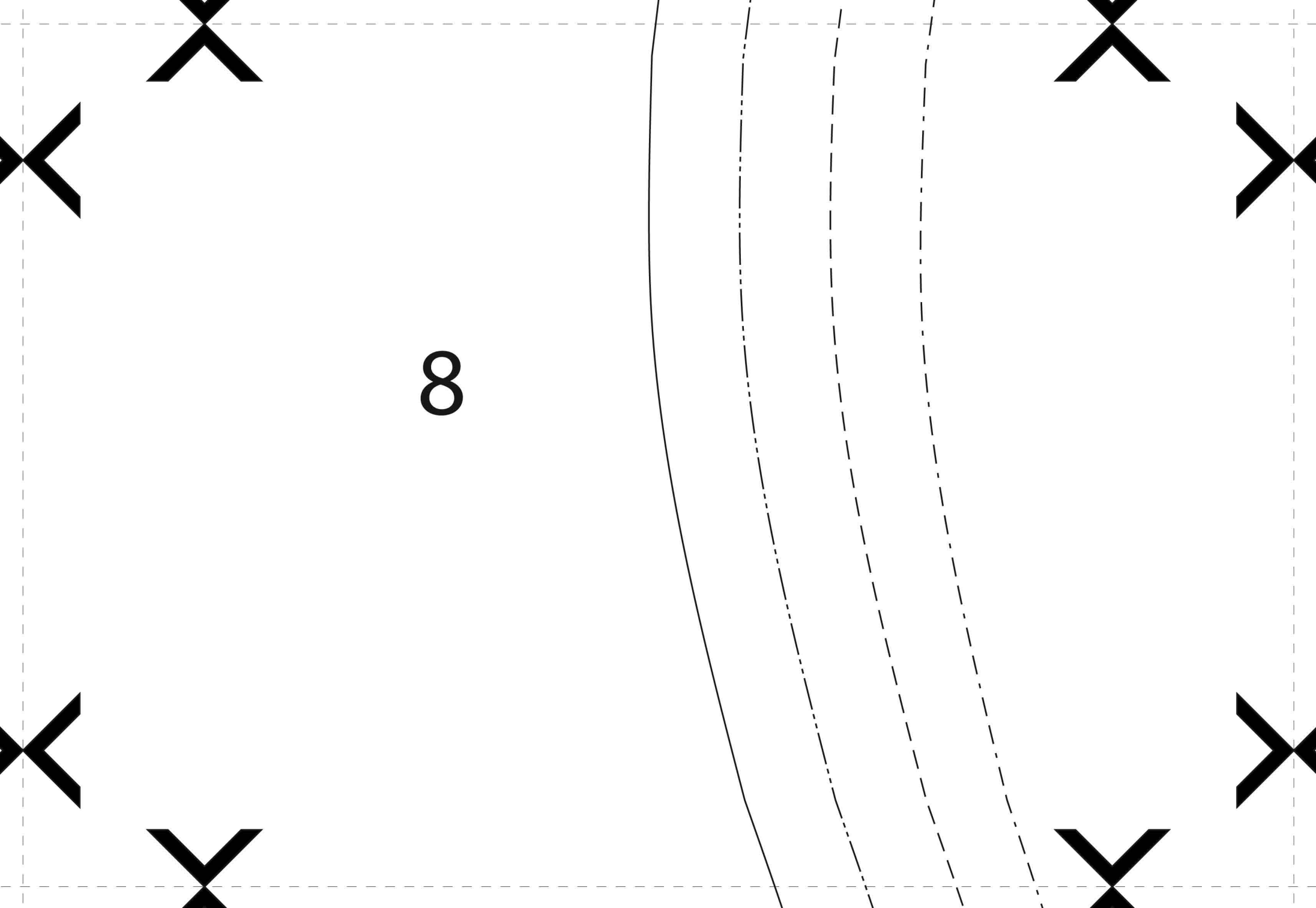


grainline

7







9



S

shoulder seam  
Schulternaht

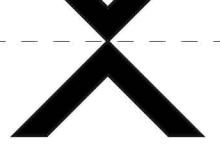
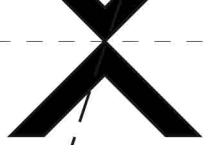
TX

S

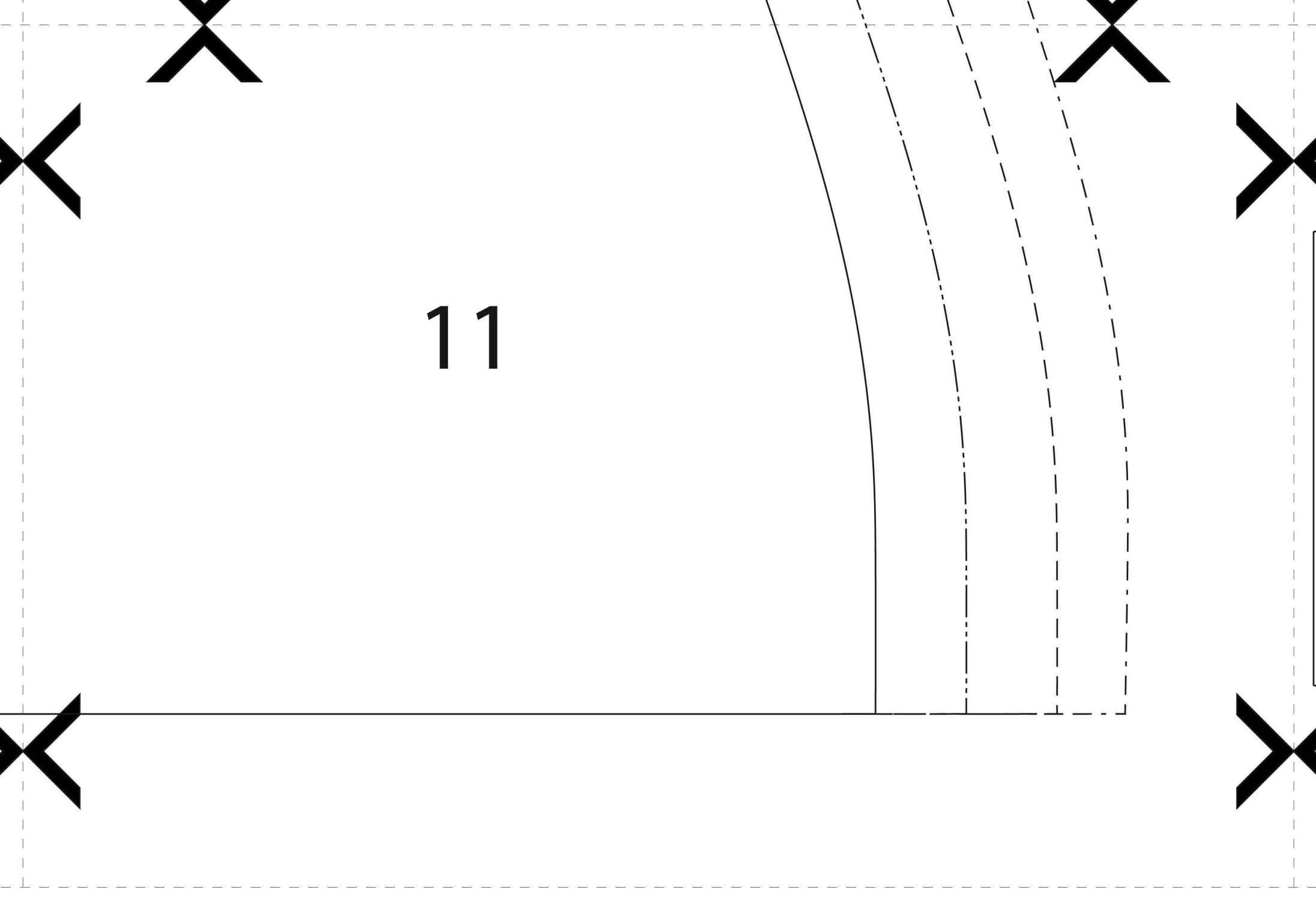
centre front  
vordere Mitte

TX





10



11

10cm x10cm

3" x 3"

S

M

L

XL

12

